

## MY CAREER PATH STORY



### WIC Nutritionist

I completed my degrees and certifications in this order:

- Bachelor's Degree of Science in Nutrition, 2014
- Certified Lactation Counselor, 2015
- Emergency Medical Technician (EMT), 2015
- Accelerated BS in Nursing, 2019



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I finished high school in 2010, finished UMass Amherst 14' Bachelor of Science in Nutrition. Started working for the Springfield WIC program August of 14'. The next year WIC afforded me the opportunity to become a Certified Lactation Counselor 15'. I decided that I wanted to become a lactation nurse, but learned I would need to be a Registered Nursing to have good job availability in that field. I joined the Army National Guard late in 2015 and attended basic training and specific training to become a Medic where I was able to become EMT as well as a combat trained medic. With the National Guard, I was able to afford to go back to school. I retook all my prerequisites and applied to nursing school at UMass Amherst. I began an accelerated nursing program with UMass Amherst out of Springfield in August of 2018, and I am set to finish in December 2019. If all goes well, I will hopefully find a good job to get more experience in maternity care and then go back for a master's degree in Midwifery.

My typical work day includes analyzing nutritional status of women, infants and children, and communicating, following up with coordination of care. I enjoy interacting with children daily. The things I enjoy the least about my work is that the pay is terrible and there aren't too much opportunity for growth.

