

Upcoming Preceptor Skills Webinars

The New England Nursing Preceptor Academy is offering live webinars for nurse preceptors. These webinars are free, online, 60-minutes and offer CE credit. Attendance is monitored and the webinar must be attended in full to qualify for CE credit. At the conclusion of the webinars, a link to a survey will be available. Upon completion of the survey, CE credits will be distributed.

Happy New Year!

Let's focus on you, your wellness and resiliency. Your patients and preceptees need you!

Stealth Mindfulness for Nurses:

Presented by: Christine A. McNulty-Buckley, DNP, MBA, RN, CPHQ, NEA-BC, Caritas Coach
Certified Mindfulness Based Stress Reduction & Koru Mindfulness Teacher, Wellcoaches® Certified Personal Health & Wellness Coach

Cultivating Resiliency & Wellbeing With Everyday Mindfulness Micro-practices Part 1

Tuesday, February 6, 2024 from 12:00 - 1:00pm ET

This webinar explores the basics of mindfulness as an essential practice to foster wellbeing that can be woven into even the busiest day! Using mindfulness as a wellbeing tool, this program integrates practical tips to incorporate mindful awareness into both the personal and professional daily routine of nurses in a variety of settings and how to share these with your learners.

[Click here to register for Part 1](#)

Cultivating Resiliency & Wellbeing With Everyday Mindfulness Micro-practices Part 2

Tuesday, February 13, 2024 from 12:00 - 1:00pm ET

Building on mindfulness as a wellbeing tool, this webinar continues to create dialogue among our nursing community to identify practical, meaningful ways to check in with our own experience and respond compassionately to our own needs. This practice takes time. We continue to explore and build strength as we tap into our natural ability to be mindful as an essential practice to foster wellbeing. Cultivating a practice of "noticing" or checking in with the body to improve self-regulation is an essential wellbeing skill for nurses. Remember, nurses and nurse learners need care too!

[Click here to register for Part 2](#)

Recorded Preceptor Skills Webinars

All live webinars are recorded
CE credit is available for each recorded webinar

Here is a list of some of our available webinars:

- The Educational Planning Process: GNOME
- Utilizing a Needs Assessment to Improve Teaching and Learning
- Strategies for Intentional Teaching
- Evaluation and Feedback
- Aligned Purpose and Values
- Burnout and Professional Fulfillment
- Mentoring New Faculty
- Well-being Basics
- Precepting 101
- Considering Feedback
- Attention and Mindfulness
- Intentional Teaching/Precepting Challenges
- The Science of Learning: Biology and Strategies

[Click here to access the recorded webinars](#)



Preceptor Portal

Features of the portal include:

- Access to our newsletter
- Information about the Academy
- A teaching toolkit

[Click here to
access the
portal](#)

If you have any questions, or would like to sign up for our Constant Contact newsletter, please email the Academy at NE NurseAcademy@umassmed.edu
Visit our website here: <https://www.umassmed.edu/gsn/preceptor-portal-two/welcome/>